

LAKELAND SCHOOL CORPORATION – SCHOOL ASSISTANCE PROGRAM

During these difficult times, Northeastern Center staff are here for you. Through the **Northeastern Center's School Assistance Program**, students and staff of the **Lakeland School Corporation** are eligible to receive **two (2) free** counseling sessions.

As we work to maintain the well-being of our clients and staff, all counseling sessions will be completed remotely, utilizing telehealth services.

- ◆ You do not have to be a client of Northeastern Center to participate in the School Assistance Program.
- ◆ Help is available for all mental health issues including, depression, anxiety, eating disorders, and substance abuse.
- ◆ There is no deductible, co-pay, or preauthorization required to access the free sessions.
- ◆ It's easy to get started and takes just a single phone call to setup an appointment.
- ◆ Confidential services are performed by a master level therapist.

To schedule a "School Assistance" appointment or for more information please call Northeastern Center's LaGrange office at **(260) 463-7144**, 8:00 am -5:00 pm, Monday - Friday.

